Introduction

Americans are a stressed out bunch. There are a variety of factors contributing to it.

- Technology
- Work related stress
- Problems on the home front
- Economic struggles

Then we hear Jesus say, “Do not worry.”

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear... Do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

What Jesus offers is a different way to deal with the stress and anxiety in our life.

I. WHERE IS OUR TREASURE?
VERSES 19-21

Stop storing up treasure on earth!

Why shouldn’t we store up treasure here?

- It’s not a wise investment. Moth and rust destroy. Thieves break in and steal. Even if you do accumulate a large amount of money, you can’t take it with you.
- It’s dangerous.
  “For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs.” 1 Timothy 6:10
  “Where your treasure is, there your heart will be also.” Matthew 6:21
What we give to the Lord will not be lost.

II. WHERE WILL WE FIX OUR EYES?
VERSES 22-23
What makes a person’s eyes good or bad?
It is what we look at – what we put into our mind.
We can be hardened by sin and desensitized by
what we live in.

That’s why the Scriptures tell us to guard our eyes and our mind.
“Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” Philippians 4:8
“Let’s fix our eyes on Jesus, the author and perfecter of our faith.” Hebrews 12:2

III. WHOM WILL WE SERVE?
VERSE 24
No one can serve two masters. Divided loyalty will not work.
Either wealth will be a tool to serve Christ or it will be an idol that displaces Christ.

The issue is not money. It is how we use it.
Scripture tells us:
• We are to provide for our families.
  I Timothy 5:8
• We are not to be sluggards.
  II Thessalonians 3:10
• Parents should save up for their children.
  II Corinthians 12:14
• “A good man leaves an inheritance to his children’s children.” Proverbs 13:22

The issue is our heart.
We can’t have two masters.
IV. WHAT ARE WE WORRIED ABOUT?
VERSES 25-34

“Do not worry about your life, what you will eat or drink; or about your body, what you will wear.”
Remember God cares for you.
Worry profits nothing.

Our ultimate security is in God.
The call for us is to put God first in our life.
“But seek first his kingdom and his righteousness, and all these things will be given to you as well.”
What should we do with our worries?
Bring them to Jesus. Philippians 4:6-7

Conclusion

The challenge is really to put God first and keep him first.
This Christmas, the very best gift we could give to Jesus is a life fully devoted to him.